

BREAK OUT OF SEXUAL WEB



OLUWAGBOTEMI ADEDIRAN

**BREAK OUT
— OF —
SEXUAL WEB**

OLUWAGBOTEMI ADEDIRAN

BREAK OUT OF SEXUAL WEB

Copyright © 2021 by Oluwagbotemi Adediran

All rights reserved. No part of this book or its cover design may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording, or otherwise, without written permission of the author or publisher.

Published by:

BJ GRART

Email: bjgart@gmail.com

Cover design:

Joseph Olamide Babalola

DEDICATION

This book is dedicated to my deeply impactful legend and grandfather of blessed memory:

Pastor J.A. Adediran.

A strongly addicted lover and follower of Christ as well as a great and mighty Prophet and Evangelist of the most high God.

He sustained the Levitical baton He received from His Father:

(The Patriarch and my great grandfather).

Moreover, He passed the Levitical baton over to his beloved son:

Rev M.F. Adediran who is my biological and spiritual father as well as my hero and mentor of all time.

My grandfather sir, here is one of your seeds and exploits speaking still.

Rest on in the bosom of your saviour, till we meet again.

ACKNOWLEDGEMENT

First, I acknowledge the Most High God who brings people from the miry clay and set their feet upon the rock.

Also, I acknowledge everyone that added enviable values to my life:

Most importantly, my lovely and darling father.

My hero and overall best mentor of all time.

My biological and spiritual father.

A father indeed and a father by all standards.

A minister of gospel per excellence.

An Apostle of Jesus Christ and the best father in the world:

Rev M.F. Adediran of blessed memory.

Also, my lovely and caring mum, a mother by all standards, a selfless and sacrificial mother and the best mother in the world:

Mrs F.A. Adediran.

Furthermore, every member of my royal and Levitical family.

In addition, all the teachers that ever taught me.

Moreover, all my mentors as well as authors and speakers that I observe and used their work in this material.

You're fully recognized and appreciated.

Finally, the dignified you.

Yes, I mean you and any other person that will not only study but also put the knowledge available in this material into careful and diligent application.

CONTENTS

DEDICATION	4
ACKNOWLEDGEMENT	5
TABLE OF CONTENTS	7
INTRODUCTION	8
CHAPTER 1	10
PREVENTION IS BETTER THAN CURE	
CHAPTER 2	16
KEEP YOUR SPIRIT, SOUL AND BODY SACRED	
CHAPTER 3	26
JUST BEFORE YOU DO IT	
CHAPTER 4	39
BREAK FREE FROM SEXUAL WEB	
CONCLUSION	55

INTRODUCTION

All over the world, the most notorious, terrible and horrible struggle is "The Sexual Struggle"

The struggle ranges from:

Pornography, Masturbation, Fornication, Adultery among others.

Despite how destructive those acts are to the body, soul and spirit.

Many of the victims thereof find it very difficult to break out of them as they are very addictive.

Unfortunately, the addiction could go on for donkey's years and even flow into their next generations.

No doubt, there's no problem without solution while everything that has an entry has an exit.

However, many people are overly spiritual with sexual struggles than being psychological.

Truly, the spiritual controls the physical and behind every habit is a spirit.

Nevertheless, many struggles especially the sexual struggles have their root, strength and base of operations in the human mind.

Meanwhile, this human mind is the seat of human's thoughts, emotions, will, intelligence and more.

Thus, any attempt to downplay or totally neglect the human mind factor i.e Psychological Therapy for the spiritual factor alone i.e Spiritual Deliverance alone.

Such attempt will never yield the intended, complete and permanent freedom from those sexual struggles.

Real and complete deliverance from sexual struggle is a function of the physical and psychological as well as spiritual process.

In other words, the body, soul and spirit of the victim of sexual struggle must undergo a professional, psychological as well as deep and rugged spiritual deliverance process.

There must be physical, mental and spiritual deliverance

Anything less is back to square one, if not zero.

Moreover, to this end is this material written.

So, welcome to freedom and reality.

CHAPTER 1

PREVENTION IS BETTER THAN CURE

Adam and Eve weren't blind (spiritually and physically) before they ate that (deeply figurative) fruit.

However, the glory of their celestial body covered their nakedness.

This glory was greater than any cloth, animal's skin or leaves.

Consequently, after eating that (deeply figurative) apple.

They lost their celestial glory as it disappeared and departed from them immediately.

However, when they regained their spiritual consciousness.

They themselves discovered their celestial glory was missing and had disappeared.

Gen 3v1-end.

It's a painful reality that, Man does not value what He/She has until He/She loses it.

Unfortunately, some opportunities when lost, never return for life.

Although, some do, but, in a very long time yet not with the fullness of the initial glory.

Thus, the scar won't look like the original skin.

In the same vein, before sinful acts are committed especially sexual sins.

A son or daughter of Zion would have been warned and given prior notice and promptings via various means.

If He/She turned deaf ears and blind eyes to those warnings as well as promptings and nudging and He/She eventually satisfy His/Her sinful desire.

He/She will lose His/Her spiritual sensitivity, connection and alignment among other spiritual and physical valuables.

Also, He/She will feel empty and inadequate spiritually while He/She will feel unqualified and afraid to enter into the throne of grace.

Furthermore, deep regrets, condemnation as well as sadness and sorrow will bombard His/Her soul.

More importantly, He/She would have to face the consequences of His/Her actions.

At this time, He/She would practically appreciate the significance of what He/She has missed or lost.

Most importantly, He/She would wish, those valuables were never missed or lost initially.

He/She could weep bitterly like Esau and seek it with tears but...

Heb 12v15-17.

Matt 26v30-35 and 69-75.

John 13v21-30.

Matt 26v21-25.

Matt 26v47-50.

Matt 27v1-5.

Anyways, God is merciful and gracious.

He forgives and restores abundantly if consulted again.

Heb 4v16.

Isaiah 55v6-7.

However, prevention is better than cure.

In fact, prevention is even cheaper than cure.

More still, obedience is better than sacrifice.

Why?

Because, sometimes, the scar (of restoration), does not look like the original skin (of initial perfect situation).

1 Sam 15v22-23.

So, more than any other time of your life.

Be very careful, cautious sensitive and disciplined particularly sexual wise.

In other words, watch and pray, lest you enter into avoidable but deeply regrettable or even life-threatening temptation.

No one is a super man or woman.

Also, the time of ignorance the lord overlooked.

Meanwhile, our God is a God of mercy as well as judgment.

Acts 17v30-31.

1 Peter 1v13-16.

Prov 11v21.

1 Thess 5v21-23.

Thus, prevention i.e (Watching and Praying) is the only safe and best option.

Prevention is better and even cheaper than cure.

To cap it all, keep your spirit, soul and body sacred.

Matt 26v41.

1 Thess 5v23.

CHAPTER 2

KEEP YOUR SPIRIT, SOUL AND BODY SACRED.

Romance and Sex are wonderful gifts and ineffable pleasures designed for men and women within scripturally based and legally authorized union.

Romance in this context is any act that could arouse sexual desires like cuddling, kissing, fondling of sensitive organs to mention but a few.

It is pre-sexual activities, the beginning and starting point of sex as well as almost sex or near sex experience.

It is popularly called Foreplay.

Romance has 3 stages:

1. The Weak Stage.

2. The Strong Stage.

3. Irreversible Stage.

The romancing partners who had no intention to get into full sexual intercourse usually find the pre-sexual activities pleasurable and somehow unstoppable.

Hence, they move from one stage to another (as they say that one thing led to another) till they get to the last stage which is the irreversible stage.

At this Irreversible stage, full sexual intercourse is certain than death.

This irreversible stage is a journey of no return where sexual intercourse becomes firm, settled inevitable and irrevocable.

At this irreversible stage, the sexual flight has already taken off and it's a mission unstoppable until its accomplished.

No one is a super man or woman.

No matter how strong, careful or self-controlled you are.

Once you get to this stage.

You will surrender all.

This is how many strong sons and daughters of Zion became the victim of sexual struggles and find it difficult to break free.

Adventurism mentality:

Let me touch it.

Let me try it.

Let me taste it.

Its not going to be long.

Just a few minutes.

Okay a few seconds then.

Please now, just, just, just...

I won't go deep.

I won't go that far.

Trust me, I swear, I bet ...

My words are my honour.

I'll respect the boundary you give.

If I go beyond your boundary, curse me or do any bad you want to me.

Please now, oya, let's ...

Before you know, a minute will prolong into a session.

While just a touch, taste and try will become too sweet and pleasurable to stop, until the entire plate, pot or apple is satisfactorily consumed with insatiable thirst for more.

However, not without consequent guilt, self-condemnation, deep regrets and sorrows, bitter tears, blame trading among other dire, long term and horrible consequences both spiritual and otherwise.

All born out of uncontrolled desire for the pleasure of a while.

The scripture cannot be broken.

Flee from all appearances of evil.

1 Thess 5v22.

The only safe and best way out of this struggle is "Prevention"

Never start in the first instance, whatever you cannot stop, control or face its consequences.

Please, beware of what you, yourself and someone else do with your body irrespective of who He or She is and whatever title He or She bears.

Not excluding when, where and how you do it too.

You cannot be over careful, cautious, sensitive and disciplined.

If you're sensitive, careful and disciplined enough with God's grace factor.

You will be the one controlling your mind and body i.e sexual urge and not the other way round.

Is it possible?

Yes.

How?

You can effectively control your mind and body i.e sexual urge, so long they are in your cage.

In other words, for as long as your mind and body are not exposed to sexually enabling and liberating circumstances.

No sexual acts of whatever sort "can ever" happen.

Really?

Yes.

Why?

Because, you and God are in charge and in full control of your mind and body i.e sexual urge.

If there's natural and normal sexual stimulation in your body which must happen sometimes.

Leave it to God.

How?

By taking your mind away from it and getting occupied with something spiritually, physically or mentally engaging.

So long you do not trigger, cooperate or empower that natural and normal sexual stimulation in your body.

It must fizzles out naturally, just as it came, in no distant time.

Conversely, anything other than the aforementioned will liberate your mind and body i.e sexual urge over and above your will power or self control.

Thus, your sexual urge will not only be emancipated but also empowered to subdue, dominate and control your body willingly, indiscriminately and ruthlessly just like a sheep brought to the slaughter and a condemned criminal brought before the firing squad, helpless and hopeless.

2 Sam131-17.

Sexual sins (be it any form of romance aforementioned or full sexual intercourse committed before or outside marriage confines) magnetize regrettable and unimaginable consequences in all areas of life.

Prov 5v1-23.

Prov 7v1-27.

Sexual sins do extreme and exceeding damage compared to the fleeting and infinitesimal pleasures they offer.

2 Sam 13v23-33.

Let it be known to you that, not everyone enjoys second chance.

Not even Dinah, Samson, Amon, Ananiah and Sapphira, Demas among many others in the scripture and even in our contemporary world.

Although, it is good to get married especially appropriately.

However, marriage is not the cure to lust i.e sexual sins.

Thus, it is more important to be sensitive, careful, cautious and disciplined sexually.

Rather than burning with lustful passion helplessly and dangerously.

1 Cor 7v9.

Please, don't go into marriage as an escape route to lust
i.e sexual sins.

Marriage does not lust.

If it did adultery would not exist.

Self-control is still a necessary requirement.

Lust (sexual sins) does not care if you are married or
single.

In fact, you may be Solomon in wisdom or David in
praise.

You may be Abraham in faith or Joshua in war.

Despite that, if you are not Joseph in discipline.

You will end up like Samson in destruction.

God forbid.

So, if you must continually drink the water of romance
and sex peacefully and satisfactorily.

It must be within the cistern and confines of legal and
scriptural marriage.

You can't walk into the fire and not be burnt.

The pleasure of sin is for a while.

Your mind and body are the temple of the Holy Ghost.

Therefore keep your spirit, soul and body sacred always.

This is a must and a necessity, if you must be free from sexual struggles.

Even if you're faced with overwhelming sexual temptations.

Quickly and kindly remember the need to keep your spirit, soul and body holy as well as the consequences of not doing so, just before you do it.

CHAPTER 3

JUST BEFORE YOU DO IT.

Sexual sins be it:

Pornography, masturbation, fornication, adultery among others is wrong by all means.

Culturally, legally and biblically they are wrong.

They are even sins against God and oneself.

Worst of it all, they come with horrible and sometimes irredeemable and generational consequences.

Prov 6v32-35.

1 Cor 6v18.

MEDICAL CONSEQUENCES:

1. Sexually Transmitted Diseases (STD)

2. HIV/AIDS.
3. Excruciating Pain.
4. Compromise of Reproductive System.
5. Irritation of the sexual organs.
6. Disfigurement of the body.
7. Abortion tendency.
8. Irreparable damage of the womb.

SPIRITUAL AND PSYCHOLOGICAL
CONSEQUENCES:

9. Soul Tie.
10. Blood Covenant.
11. Strong Addiction to those sinful acts.
12. Exchange and possession of demons especially Spiritual husband/wife.
13. Exchange and possession of hot and tough battles especially Ancestral types.

14. Spiritual Attack from spiritual spouse e.g

Memory loss,

Implications,

Unexplainable Accident,

Being assaulted by unseen forces

Insanity among others.

15. Comprise and manipulation of glory, star and destiny.

16. Forfeiture of Spiritual/Ministerial Valuable like:

Anointing,

Spiritual gift as well as

Peculiar grace and dimension from God.

17. Psycho-spiritual issues:

Protracted guilt,

Self-condemnation,

Deep sorrow as well as

Spiritual emptiness and

Spiritual Barrenness.

18. Vehement Opposition to success and greatness like:

Hatred,

Rejection,

Disappointment,

Disgrace,

Disfavor,

Delay,

Almost there but never there (near success syndrome),

Frustration,

Dejection,

Stagnancy/backwardness, Helplessness,

Failure,

Impossibility still counting.

19. Painful and Costly Spiritual Remedy:

The spiritual remedy and deliverance from the horrible and hellish consequences of sexual struggles require very tedious, grievous and highly sacrificial spiritual exercises e.g

Series and sessions of days of marathon/dry fasting (No food, no water) with energy sapping prayers.

If these sins are not confessed and repented from but continued overtime.

They will lead to:

20. Emotional and Psychological Trauma.
21. Mental Torture.
22. Spiritual Death (Disconnection from God).
23. Backsliding.
24. Suicide Tendency.
25. Premature Death (Physically).
26. Hell and eternal damnation.

Having known these and even more unwritten.

Kindly take your mind (brain) seriously and guard it vigilantly.

Every thought especially sexual ones emanate from there first.

While it's from that your mind, that you cooperate and partner with the devil to shape and develop those sinful sexual thoughts, suggestions and offers into actual sinful decisions, steps, and actions.

In addition, sexual sins don't just occur and will never just occur on their own.

They require unswerving commitment, unflinching support and maximum cooperation of your mind (brain) which is the seat of your thoughts, emotions, will, intelligence and more.

Thus, without your mind (brain) sexual sins "can never ever" be committed except few spiritual exceptions like:

1. Rape cases.
2. In the dream.

3. Sexual Enchantment.

4. Physical sexual affair with spiritual spouse.

Meanwhile, the last three options (and even the first sometimes) are deep deliverance cases which call for deep, rugged and complete spiritual deliverance process.

Be that as it may, it behoves you to monitor, scrutinize and supervise your thoughts, decisions, steps and actions every day as much as possible.

This is possible and made easy by God's words, God's grace and warfare weapon.

2 Cor 10v4-5.

Besides, you don't finish swimming and later complain of cold.

Also, you can't step into the fire and not be burnt.

You better count the cost very well and consider the consequences on you and everyone tied to you particularly your next generation before you venture into the adventure that will certainly bring you merciless destruction if not generational destruction.

Thus, think on it deeply and critically with that your mind just before you do it.

Luke 4v28-35.

Moreover, sexual sins "can never, ever" take place without the compromise of your will power as well as the cooperation of your thoughts, emotion, will, intelligence and another department of your mental faculty.

Hence, it becomes a must and necessity to guard your mind (brain) vigilantly and renew it every day as much as possible.

HOW DO I GUARD AND RENEW MY MIND?

1. REGULAR FASTING:

At least once a week, do away with food, water and other pleasures to give time to prayers and intense studying of the Scriptures and other valuable materials.

In addition, if possible, live a fasted life i.e don't eat before twelve noon daily.

Consistency in this, does what irregular days of marathon and dry wouldn't do.

It helps subdue and dominate the flesh daily and intensely.

More still, it gets your mind (brain) aligned with the mind of God.

Thus, you think, talk and act in godly ways and perspective regularly.

Isaiah 58v6.

2. EFFECTUAL AND FERVENT PRAYERS:

Devote time to engage in long conversation with God even as you tarry to hear from Him too.

Get baptized in the Holy Ghost as praying in the spirit (in tongues) regularly will help you a whole lot to quench the thirst for lust.

James 5v16.

Rom 8v26-27.

Jude 1v20.

3. VORACIOUS AND CAPTIVATING STUDY:

Knowledge is the major food of the mind (brain).

Get as many godly and valuable materials as possible.

They could be print, audio and audio-visual.

Consistently feed and re feed your mind (brain) with them.

You can't over feed your mind (brain) with knowledge, no matter how you try.

Garbage in, garbage out.

Input determines output.

Out of the abundance of the mind, the mouth speaks.

However, spending long time voraciously consuming the Scriptures and other valuable spiritual materials will help dig unending well of holiness and righteousness in you.

Joshua 1v8.

2 Tim 2v15.

1Tim 4v13.

Psalm 119v101-104.

4. QUALITATIVE, ENGAGING AND PRODUCTIVE MEDITATION:

Task your brain regularly.

Engage your mind consistently.

Constantly go on focused, deep and critical thinking.

Before you know it, you will enter into the realms of creativity, innovation and invention in various areas of life.

You can't get to this realm and be physically and mentally idle.

Once you're physically and mentally engaged, sexual thoughts, ideas, suggestions and offers respect and avoid you on their own.

The devil find works for only idle minds and hands while He visits those idle hands and minds with overwhelming and irresistible temptations.

Task and engage your mind constantly, that devil will sanctify you holy.

Phil 4v8.

Psalm 19v8.

5. GODLY ASSOCIATION:

You become like those you spend most of your time with.

Walk with the wise and sexually pure.

Also, the calibre of those you give your ear time to determines what happen in your life time.

You become like who and what you hear.

Hear only godly as well as morally sound people and materials especially audio-visual.

Stay away completely from erotic materials and lovers.

Furthermore, anointing is contagious.

Whatever your friend does secretly and openly flow to you easily.

Show me your friend, I'll tell you, who you are.

There'll be no significant difference between you and your friends.

Watch your association and walk with the godly and morally sound always.

Psalm 1v1-6.

Prov 13v20.

To cap it all, these mind-guarding and renewing strategies and others as led by the Holy Ghost are a must and necessity, if you must break out of sexual web, break free into freedom as well as remain in express freedom.

So, get committed to them deeply and blindly.

Prov 4v23.

Rom 12v1-2.

2 Cor 4v16.

Eph 4v17-24.

CHAPTER 4

BREAK OUT OF SEXUAL WEB.

Sexual sins be it:

Pornography, masturbation, fornication, adultery among others are recurrent sins with grievous and generational consequences.

Once you find yourself in them, you and your next generation may find it difficult to break free from their web.

However, there's no problem without solutions.

Below are some of the factors sponsoring and sustaining sexual struggles together with some tested, tried and trusted as well as practical and failure proof solutions.

You're welcome on board.

CAUSES:

1. Physical and Psychological factor:

Being lonely and idle most of the time both physically and mentally.

2. Social factor:

Sinful and wrong association/friendship.

3. Spiritual Undertone:

i. Regular or irregular sex in the dream.

ii. Unjustifiable and Constant rape.

iii. Sexual Enchantment and bewitchment.

iv. Inherited/Generational sexual curse.

v. Spiritual husband/wife.

4. Compelling Materials:

i. Erotic books, magazines and others.

ii. Erotic Video clips.

iii. Erotic Music.

iv. Erotic Games.

v. Erotic Cartoons.

vi. Pornographic Website, Apps and other internet contents.

5. Lustful Communication:

Erotic calls and chats.

6. Unbridled Affinity:

Extreme closeness and over familiarity with the opposite sex.

7. Unholy Exploratory Activities:

Feeling of some parts of the body of opposite sex with your hands, tongue or others parts.

8. Self Temptation/Over Confidence:

Opposite sex lurking or talking in dark places.

Opposite sex lurking or talking in seclusive places.

Opposite sex sitting on one another's lap.

Engaging in pre sexual/foreplay activities like:

Cuddling up, hugging, pecking, kissing and many more.

SOLUTIONS:

1. Physical and Psychological Factor:

Be actively and productive busy both physically and mentally most of the time.

An idle mind and hand is the devil's workshop.

The devil saddles idle mind and hand with horrible, irresistible and compelling responsibilities.

He even visits the idle minds and hands with overwhelming and irresistible temptations.

You can't be among the godly and productively busy people and be idle, lonely or sinful.

Also, you can't be thoughtful and not be resourceful.

Be physically and mentally busy most of the time.

Prov 6v6-11. Phil 4v8.

2. Social Factor:

Break away from every ungodly and sin happy people.

You become like those you spend most of your time with.

Rather, walk with the wise and sexually pure.

Also, the calibre of those you give your ear time to determines what happen in your life time.

Thus, you become like who and what you hear.

Hear only godly as well as morally sound people and materials especially audio-visual.

Furthermore, anointing is contagious.

Whatever your friend does secretly and openly flow to you easily.

Show me your friend, I'll tell you, who you are.

There'll be no significant difference between you and your friends.

Watch your association and walk with the godly and morally sound always.

Prov 13v20.

Psalm 1v1-6.

3. Spiritual Undertone:

Be born again.

Its non-negotiable.

1 John 3v9.

Also, undergo session(s) of deep, rugged and complete deliverance process.

Keep undergoing deliverance session(s) until you're completely free.

Matt 12v43-45.

John 16v24.

4. Compelling Materials:

Do away with anything that could arouse your sexuality unnecessarily.

Stay away from all erotic materials be it print, audio or audio-visual.

2 Cor 6v17b.

5. Lustful Communication:

Stop it, end it and kill it before it kills you.

Eph 4v29.

Col 4v6.

6. Unbridled Affinity:

Excess of everything is bad.

Define every relationship with the opposite sex.

Also, put in place tall, thick and wide boundaries between you and opposite sex.

Don't be too easy or cheap to access.

Rather, be difficult and expensive to access.

How?

By being scarce.

Why?

Only scarce things are expensive and valuable.

Easy and cheap things aren't.

This is not pride or arrogance.

It's just being valuable to God, to yourself and to humanity.

1 Cor 14v40.

Phil 4v5

7. Unholy Exploratory Activities:

Are you a keyboard or piano?

Why should just anyone be playing your white and black keys (Your public and private body parts) anyhow?

Even if you're a keyboard and must be fondled or caressed.

The only rightful person expected to be doing that, is your spouse.

However, within the confines of Biblically, traditionally or legally based marriage.

Besides, that body isn't yours alone.

It was brought with a precious price

(The blood of Jesus).

And it's also the temple of the Holy Ghost.

1 Cor 6v16-20.

So, resist and desist from every unholy exploration.

James 4v7.

8. Self Temptation/Over Confidence:

Your flesh is not your friend.

Your flesh is not worthy of any confidence.

Even those who are extremely careful and cautious are falling into hidden and clever traps.

Let alone you that is walking carelessly, *braggadociosly* and arrogantly.

Even, Apostle Paul who disciplined himself regularly, cried out for help in Rom 7.

How much more you?

Stop nailing your coffin and stop digging your grave.

No one is a super man or woman.

Never trust your flesh.

Its smarter and stronger than you.

Otherwise, it will take advantage of you and your foolishness.

Prov 28v26.

9. Godly and Professional Psychotherapy:

A godly and professional psychotherapeutic counselling/assistance is necessary especially for those addicted for long years, so as to break free completely and stop the flow into their next generation.

Don't be overly spiritual, it doesn't help.

In fact, it does more harm than good.

Why?

Sexual activities themselves begin in the human mind and end with the body.

Also, the base of operations of sexual activities and struggles are in the human mind.

Furthermore, the stronghold of sexual activities and struggles are strongly located and established in the human mind.

Will it not be foolish to abandon the human mind for the human spirit?

If at all there will be complete freedom from sexual struggles.

Then, there must be a striking balance between the psychological therapy and spiritual deliverance

In other words, there must be a balance between the mental and spiritual deliverance.

Please, be wise, be balanced.

Prov 15v22.

10. GRACE + DISCIPLINE:

Keep yourself in check regularly and watch God help you timelessly.

Be disciplined and self-controlled while you leave the rest to the most high God.

Do your part before you expect God and his part.

Discipline yourself and take necessary responsibilities.

Ensure you thoroughly and constantly examine:

1. What you wear.
2. Where you go.
3. When you go.
4. How you go (the motive).
5. What you read i.e Books, magazines and others.
6. What you watch i.e video and pictures
7. What you hear i.e music and others.
8. What you browse on the internet.
9. What you discuss with others especially the opposite sex.
10. What you chat especially with the opposite sex.

11. What you say on calls especially with the opposite sex.
12. The games you or your children play online and onsite.
13. The cartoons and Television channels you and your children watch.

These may appear legalistic but there lies the test of your resolve, determination and will power to break out and break free from sexual web and struggles.

Until your resolve, determination and will power to break out and break free are stronger than the sexual struggles themselves.

You can't be free.

Thus, take your resolve, determination and will power to break out and break free from sexual web to a victory assured level by subjecting your spirit, soul and body to:

1. Regular fasting.
2. Effectual and fervent prayers.

3. Voracious and captivating study of the scriptures and other valuable materials.

4. Qualitative, Engaging and Productive Meditation.

5. Godly and most especially sexually pure association even as you walk with the wise, godly and morally upright.

Make sure you get committed to your part (responsibilities) first, before you expect God and his gracious part.

Grace is not a license to irresponsibility, carelessness, indiscipline and immorality.

1 Cor 9v27.

Do the best of your part first, then you will see the best of God's part.

All said and done, it is good to know.

However, it is not enough to know.

Why?

Because, its not what you know that matters.

It is what you do with what you know that makes the difference.

If you must break out of sexual web i.e struggles.

Then you mustn't stop at this level of just knowing.

You must put what you have known to test.

You must put what you have known to practice.

Why?

Every knowledge is useless, if it can't be applied to solve human/societal problems.

Moreover, the final test of every knowledge is application.

Therefore, apply what you have learnt and watch the supernatural forces rush to your aid and rescue.

Finally, obedience is better than the sacrifice of just knowing without practice.

Endeavour to practice (adopt) these solutions and break out of this inglorious, individual and generational web.

The most high God want you freed deeply and completely.

You can be free and that freedom can be now.

Its up to you.

Isaiah 1v19.

John 8v32.

John 8v36.

THE CONCLUSION

The spiritual controls the physical, no doubt.

Also, behind every habit and struggle is a spirit (demon), its unarguable.

Nevertheless, these are not strong enough to rubbish, neglect or downplay the psychological factors especially in the area of sexual struggles.

The two aspects must be balanced for deep and complete deliverance to take place.

Although, until you gain spiritual momentum and control, you really have no control.

Because, those sexual demons will continually harass your spirit, soul and body unchallenged.

Thus, gaining strong spiritual control is a must and necessity in life especially in cases like this.

Meanwhile, to gain maximum control in the spirit realm.

All you need to do is to embrace "JESUS" and get baptized in the Holy Ghost and fire.

When power jam power, the lesser one must bow.

Nothing, no matter how daring try, let alone touch or toy with consuming fire.

It will burn into ashes.

So, just come to Jesus now,.

Your overwhelming victory and complete deliverance had been procured and guaranteed over 2,000 years ago.

Just enter into grace and enter into rest.

You're welcome into Christ in the name of Jesus.

You're welcome into the kingdom of total freedom from all struggles especially the sexual type.

You're warmly and most welcome.

ABOUT THE AUTHOR

Oluwagbotemi Adediran is a philosophical writer, radical speaker and a gracious teacher of the living and speaking word of God.

He is a graduate of Political Science Education from Ekiti State University, Ado-Ekiti, Nigeria.

He is the Founder and Chief Executive Partner of:

The Chamber of Life Realities.

His social media handles are:

Facebook Username: Oluwagbotemi Adediran.

WhatsApp contact: +2348134097191.

Telegram: +2348134097191.

BREAK OUT OF SEXUAL WEB

This is a compilation of practical and definite steps capable of liberating anyone anywhere from sexual hold, grip and addiction no matter how long their existence.

This material is borne out of divine revelation and experience of different ex-victims of sexual addiction but now formidable champions.

If these steps worked for them, it is more than certain that they will work for you.

ABOUT THE AUTHOR



Oluwagbotemi Adediran is a philosophical writer, radical speaker and a gracious teacher of the living and speaking word of God. He is a graduate of Political Science Education from Ekiti State University, Ado-Ekiti, Nigeria. He is the founder and chief executive partner of: The Chamber of Life Realities.